

Step Up to Introductory & Advanced Sleep Dentistry Continuum

Friday, **October 21, 2016**
Saturday, **October 22, 2016**
Embassy Suites, Columbus, Ohio

Earn up to 15 hours of
continuing education credit.

The Metz Center invites you and your staff to attend this unique learning opportunity featuring the **Most Elite speakers for 2016!**

James Metz, DDS

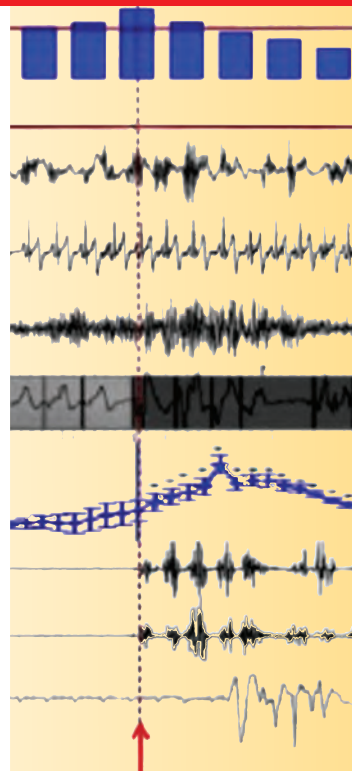
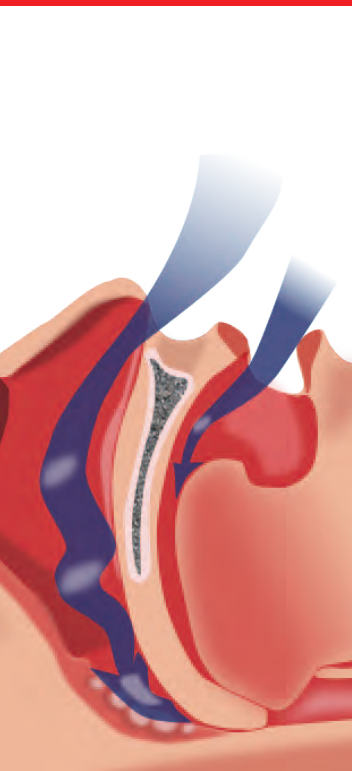
Avram R. Gold, MD

Thomas Viola, RPh, CCP

Stasha Gominak, MD

**Roger Price, BS,
Respiratory Physiologist**

Register online at
www.themetzcenter.com





Dr. James Metz is a 1973 graduate of The Ohio State University College of Dentistry. He maintains a restorative dental practice with an emphasis on dental sleep medicine & reconstructive dentistry, along with surgical orthodontics (Wilckodontics - Periodontically Accelerated Osteogenic Orthodontics [procedure]): The goal of which is to address the major health issues of today, Hypertension & Type II Diabetes, to help restore & maintain the health of the individual.

Dr. Metz is the affiliate director of The Ohio State University Medical Center Sleep Medicine Fellowship Program. He is a member of the ADA's Scientific Investigation Committee Workgroup, defining the role of the Oral Appliance for the control of OSA & the Scientific Investigation Committee of the AARD for Sleep Dentistry. He has served on the AADSM board of directors, course development committee, public relations committee, chair for the Introductory & Advanced Course of Dental Sleep Medicine, and vice-chair of the 2014 AADSM Annual Meeting. He is the founder & current chair for the Dental Interest Group of the American Thoracic Society.

Introductory & Advanced Sleep Dentistry Continuum

Friday, **October 21, 2016** 8:30 am - 5:00 pm

Saturday, **October 22, 2016** 8:00 am - 5:00 pm

Dentists and their staff play a vital role in the team approach to the screening and treatment of Obstructive Sleep Apnea - a condition that affects as many as 100 million Americans and their families. The implications of untreated sleep apnea and even very mild inspiratory airflow limitation during sleep are of public health concern.

But **fewer than 10 percent** of the nation's dentists incorporate advanced sleep dentistry into their general practices. **Thousands of dentists are missing an ideal opportunity** to help their patients sleep better and live fuller, healthier lives, while adding an ideal revenue stream to their practices.

If **you** have been thinking about getting into dental sleep medicine, this two-day course for dentists and staff is the right choice. No hype. Nothing to sell you. Just an incredible learning experience presented by one of the nation's leading sleep dentistry practitioners, Dr. James E. Metz, of The Metz Center for Advanced Sleep Dentistry.

Continuum Objectives:

- What is sleep and Why we sleep
- Sleep breathing disorders and critical issues in dental sleep medicine
- Oral appliance comparisons
- Establish a sleep dentistry practice within your practice: Focused programs for **General, Orthodontic, or Prosthodontic** topics.
- Introductory (*includes staff*) & Advanced topics at **EACH course**
- Medical Predeterminations, insurance billing & coding
- Medical correspondence letters
- Effective marketing and patient screening
- Staff roles & training
- Create successful relationships with medical doctors
- Friday evening reception and two meals per day included in your tuition



Dr. Avram Gold is a pulmonologist and researcher. He investigates disturbances in breathing during sleep, and its relationship with insomnia, post-traumatic stress disorder, and the functional somatic syndromes (such as irritable bowel syndrome, fibromyalgia, temporomandibular disorder, etc).

Focus:
Somatic Syndromes and Sleep Disordered Breathing



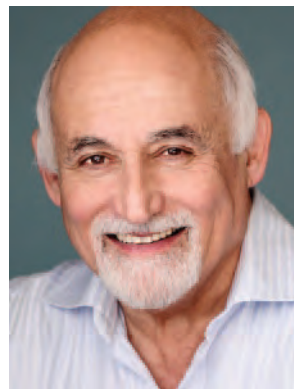
Dr. Thomas Viola is a doctor of pharmacy. He engages in daily clinical practice, and is involved extensively in the education of dental professionals including dentists, hygienists and assistants with relevant pharmacological matters. He currently serves as the Subject Matter Expert for Mosby's Dental Drug Reference.

Focus:
Pharmacology and Its Impact on the Airway



Dr. Stasha Gominak is a neurologist treating patients with chronic headaches, pain, and sleep disorders. She deals with vitamin and hormone deficiencies as key factors in exacerbating sleep-disordered breathing and chronic pain. By re-balancing important factors such as vitamin D3, conditions are created to promote deep, restorative sleep and allow for healing.

Focus:
Using Vitamin D and the B Vitamins to Improve Your Health



Roger Price is a respiratory physiologist & certified Buteyko Breathing Technique trainer. He teaches proper breathing techniques and stress reduction protocols to be incorporated into the patient's daily routine to improve physiological health, and empowers individuals with strategies to self-monitor their respiration.

Focus:
Sleep Apnea and Dysfunctional Breathing - The Link often Missed by the Sleep Study Industry

Introductory Track, Friday, October 21

Breakfast & Registration

Welcome & Sleep Dentistry: *Dr. James Metz*

Somatic Syndromes and Sleep Disordered Breathing: *Dr. Avram Gold*

Using Vitamin D & the B Vitamins to Improve Your Health: *Dr. Stasha Gominak*

Generous Lunch Buffet, Dessert & Beverages * *Round Table Discussions*

Sleep Dentistry: *Dr. James Blank*

Pharmacology and Its Impact on the Airway: *Dr. Thomas Viola*

Understanding the Medical Management of the SDB patient & The Cannabis Revolution - Weed 101 and Our Patients:: *Pat McBride, BA, RDA, CCSH*

Reception Meet & Greet: Beverages & Heavy Appetizers

Introductory Track, Saturday, October 22

Breakfast

The Role of the Sleep Coordinator: *Chris Takacs, Sleep, TMD Treatment Coordinator*

Avoiding Problems with the Oral Appliance: *Todd Bacome, Laboratory Manager*

The Role of Hygiene in a Sleep Office: *Megan Bacome, Dental Hygienist*

Sleep Apnea and Dysfunctional Breathing, The link often Missed by the Sleep Study Industry: *Roger Price*

Generous Lunch Buffet, Dessert & Beverages * *Round Table Discussions*

Protecting You and Your Practice from Litigation: *Dr. Ken Berley*

Breathing Room: *Dr. Brian Vence*

Wilckodontics® (Periodontically Accelerated Osteogenic Orthodontics), Using the Technique to Improve the Airway: *Dr. Thomas Wilcko*

Important Topics in Sleep Literature: *Dr. Mickey Harrison*

Panel Close: *Dr. James Metz and All Saturday Speakers*



First Look!

Patient Safety Software is critical to proper titration. They have new software that Dr. Metz helped design which NOW tracks the heart rate much more accurately. Dr. Metz will show the new program and its nuances.

Extend Your Learning Experience Daily!

Each day at the lunch hour participate in Round Table Discussions with members of The Metz Center Staff and our Speakers.

Simply look for the name & topic signage on the lunch tables and sit down to learn more about what interests or concerns you most!

Register online at www.themetzcenter.com

Questions? Contact Angie at 614.252.4444 or via email at metzdds@yahoo.com



EndoPAT™ testing

Free product demo in as little as 15 minutes!
with Robin Koster from Itamar Medical.

EndoPAT™ measures **Endothelial Function** and is an innovative, safe and non-invasive diagnostic device for Functional Vascular Health Assessment for both large and small arteries.

The Metz Center purchased this device and our staff has been trained to use the EndoPAT™. Dr. Metz and Dr. Tucker are the only two dentists in the United States to offer the EndoScore™ test. Check it out!



Advanced Track, Friday, October 21

Breakfast & Registration

Welcome & Sleep Dentistry: *Dr. James Metz*

Somatic Syndromes and Sleep Disordered Breathing: *Dr. Avram Gold*

Using Vitamin D & the B Vitamins to Improve Your Health: *Dr. Stasha Gominak*

Generous Lunch Buffet, Dessert & Beverages, * *Round Table Discussions*

Sleep Apnea and Dysfunctional Breathing, The link often Missed by the Sleep Study Industry: *Roger Price*

Pharmacology and Its Impact on the Airway: *Dr. Thomas Viola*

Panel Discussion: *Dr. James Metz and Featured Speakers*

Reception Meet & Greet: *Beverages & Heavy Appetizers*

Advanced Track, Saturday, October 22

Breakfast

Taming The Beast: *Dr. James Metz*

Using Vitamin D & the B Vitamins to Improve Your Health (cont.): *Dr. Gominak*

Airway Changes in Young Patients with & without Treatment: *Dr. Gene Williamson*

Orthodontics & Oral Cavity Volume in the Young & Adolescent: *Dr. Nelson Diers and Dr. Gene Williamson*

Generous Lunch Buffet, Dessert & Beverages; * *Round Table Discussions*

Protecting You and Your Practice from Litigation: *Dr. Ken Berley*

Assessment of the Medical Patient Profile & The Cannabis Revolution - Weed 101 and Our Patients: *Pat McBride, BA,RDA, CSH*

Wilckodontics® (Periodontically Accelerated Osteogenic Orthodontics), Using the Technique to Improve the Airway *Dr. Thomas Wilcko*

Important Topics in Sleep Literature: *Dr. Mickey Harrison*

Panel Close: *Dr James Metz and All Saturday Speakers*



Faculty Speakers:

Dr. James Blank has been a dentist in private practice since 2005, focusing on comprehensive dentistry. His formal education includes Ohio State University College of Dentistry and a hospital residency at Medical University of Ohio. He has completed advanced training in sleep medicine and TMJ therapy, dental implant surgery and restoration, prosthodontics, occlusion, cosmetic dentistry, dental materials, and dental technology. As a faculty dentist and lecturer for The Metz Center for Sleep Apnea, Dr. Blank shares his experience and insights on topics such as sleep medicine, TMD, and practice management. He has also lectured to the prestigious American Academy of Restorative Dentistry, whose members are the world's leading dental practitioners and researchers.

Dr. Mickey Harrison practices general and sleep dentistry in Central Ohio. He is a graduate of Northwestern University and The Ohio State University College of Dentistry. Dr. Harrison has received extensive training in dental sleep medicine through continuing education. He is especially interested in current sleep medicine topics within the literature, and has lectured on this subject for several years. He works extensively to survey and compile literature and research concerning Sleep Medicine, and disseminate this information for the betterment of dental sleep medicine practitioners. Dr. Harrison maintains membership in the American Thoracic Society, the American Dental Association, the American Academy of Dental Sleep Medicine, and the Ohio Sleep Society.

Pat McBride, BA, RDA, CCSH is a Sleep Clinician/Education Specialist for Physicians and Dentists in the Field of Dental Sleep Medicine in the San Francisco Bay Area. Ms. McBride works as both a full time sleep clinician and an educator. She is dedicated to developing opportunities within the dental sleep medicine field globally by developing multi-disciplinary protocols for clinicians to seamlessly interface with the medical/dental community, educational institutions, and research facilities. Her Dental Sleep Medicine Consulting and Practice Management model designs clinical programs of multi-dimensional HIPAA compliant care.

Dr. Brian Vence maintains a private practice in West Dundee, Illinois with a special interest in comprehensive esthetic and restorative dentistry. He received his dental degree in 1985 from the University of Illinois School of Dentistry at the Medical Center in Chicago. Dr. Vence founded the Chicago Academy of Interdisciplinary Dentofacial Therapy in 1992, a study club designed to define and promote excellence in dentistry.

Dr. Gene Williamson

Dr. Thomas Wilcko

Dr. Ken Berley

Dr. Nelson Diers

Application for Enrollment

Name _____

Address _____

City _____ State ____ ZIP _____

Phone _____

Fax _____

E-Mail _____

I will attend:

Sleep Course (up to 15 CE hours) Number of Attendees*: _____

Doctors _____ (\$1650) Staff* _____ (\$1100)

* *Introductory training program to include staff*

Call 614-252-4444 for details.

** If multiple doctors or staff members are attending, please provide their names and contact information on a supplemental page or via supplemental email sent to metzdds@yahoo.com*

Payment by check, credit card or Paypal accepted.

Make all checks payable to Dr. James E. Metz

Name on card _____

Credit Card # _____

Exp. Date _____ / _____ CSV Code _____

Signature _____

Return the completed form and payment to:

The Metz Center for Sleep Dentistry
1271 East Broad Street
Columbus, OH 43205

Or register online at
www.themetzcenter.com

Cancellation Policy:

Written notification of withdrawal from any course must be received at least 14 days prior to the scheduled course. Cancellations will be accommodated with a one-time-only transfer of tuition and deposit to a future course. Notification less than 14 days will result in forfeit of deposit.

Please note:

All course materials will be provided in an electronic format only. Upon arrival, attendees will be provided with a thumb drive that will include the continuum materials. Please bring your computers or tablets to view the materials. Be sure to have your devices fully powered prior to your arrival at the course each day.

Approved PACE program Provider
FAGD/MAGD Credit.
Approval does not imply acceptance by a state or provincial board of dentistry or AGD endorsement.
7/1/15 to 6/30/19
Provider ID# 348168



Accommodations

Stay at the Embassy Suites by Hilton Columbus Airport hotel, a highly rated all-suite hotel located one mile from Port Columbus International Airport. Relax in your spacious two-room suite with a separate living area.

Reserve your room now!

Just visit our customized reservation site:
<http://embassysuites.hilton.com/en/es/groups/personalized/C/CMHATES-SUA-20161020/index.jhtml>

A delicious Continental Breakfast & a generous Lunch Buffet will be provided for attendees each day. Friday evening enjoy a Meet & Greet Reception that includes beverages & heavy appetizers!

Transportation

Embassy Suites offers courtesy shuttles to and from the airport, as well as transportation to local Columbus attractions, shopping and restaurants within 15 miles from the hotel's location.



The Metz Center for Sleep Dentistry presents

**Step Up to Introductory & Advanced
Sleep Dentistry Continuum**

Friday, October 21, & Saturday, October 22, 2016

Embassy Suites, Columbus, Ohio

Join Dentists and Staff from across the nation for this weekend continuum designed to help create the perfect Sleep Dentistry Practice.

***Always New, Always Fresh,
and Always Cutting Edge!***

No other course out there like this one!

You ***will not find*** a more thorough sleep medicine continuum than this ***anywhere!*** The Metz Center structures these courses for learning and interest - not to "sell"! You will meet a unique group of dentists at this continuum and a core group of speakers considered to be the leaders in their area of sleep medicine.

Register online at www.themetzcenter.com



The Metz Center
1271 East Broad Street
Columbus, OH 43205