



Program of Events

Introductory Track

Step Up to Introductory & Advanced Sleep Continuum

April 7 & 8, 2017; Columbus, Ohio at the Embassy Suites - Airport

Always New, Always Fresh, and Always Cutting Edge

Introductory Track - Friday, April 7

Location: New Albany 1, unless otherwise noted

- 7:30 - 8:00 Breakfast & Registration
- 8:45 - 9:00 Welcome: *Dr. James Metz* (Introductory & Advanced Tracks; Location: New Albany 1)
- 9:00 - 10:00 Key Points Everyone Needs to Know: *Dr. James Metz*
- 10:00 - 10:30 High Resolution Pulse Oximetry: *Dr. James Metz*
- 10:30 - 10:45 Break
- 10:45 - 11:45 Successful Sleep Dentistry: *Dr. James Blank* Location: Bexley Ballroom
- 11:45 - 12:30 The Psychology Of the OSA Patient Pat McBride, BA, RDA, CCSH Location: Bexley Ballroom
- 12:30 - 1:00 What the Physician Expects: *Margaret Lind, CNP, OSU*
- 1:00 - 1:45* Generous Lunch Buffet, Dessert & Beverages Location: New Albany 2
* Round Table Discussions during lunch with Metz Center Team & Speakers
- 1:45 - 3:30 Normalizing Breathing Volume and Speed in Sleep Disordered Breathing:
Featured Speaker, *Patrick McKeown, MB, MA(TCD), Dip BM (Prof KP Bueyko), FBPI*
- 3:30 - 3:45 Break
- 3:45 - 4:45 Mouth Breathing and OSA: *Dr. Frank Seaman*
- 4:45 - 5:15 My Personal Traveled Road: *Kris Davies, Patient, OSU Communications Student*
Location: New Albany 1
- 5:15 - 6:30 Reception Meet & Greet: *Beverages & Heavy Appetizers*

Introductory Track - Saturday, April 8

Location: Bexley Ballroom, unless otherwise noted

- 8:00 - 8:15 Welcome Back: *Dr. James Metz* (Introductory & Advanced Tracks; Location: New Albany 1)
- 8:15 - 9:00 Successful Sleep Dentistry Part 2: *Dr. James Blank* Location: Bexley Ballroom
- 9:00 - 10:15 Roles: The Sleep Treatment Coordinator: *Chris Takacs, Sleep & TMDTx. Coordinator*
- 10:15 - 10:30 Break
- 10:30 - 12:00 Standard of Care in a Dental Sleep Medicine Practice and Informed Consent: *Dr. Ken Berley*
(Introductory & Advanced Tracks; Location: New Albany 1)
- 12:00 - 1:00* Generous Lunch Buffet, Dessert & Beverages Location: New Albany 2
* Round Table Discussions during lunch with Metz Center Team & Speakers
- 1:00 - 2:00 Roles: The Hygienist & Predeterminations for Oral Appliances: *Megan Bacome, RDH*
- 2:00 - 2:45 Pulse Oximetry: *Chris Takacs, Sleep & TMDTx. Coordinator*
- 2:45 - 3:00 Roles: Laboratory - Avoiding Problems With The Oral Appliance: *Todd Bacome, Manager & Technician, The Metz Laboratory*
- 3:00 - 3:15 Break
- 3:15 - 5:15 Sophisticated Orthodontics With Complete Restoration: *Dr. Brian Vence and Thomas Wilcko*
(Introductory & Advanced Tracks; Location: New Albany 1)

Our Goal: Helping Dentistry and Medicine grow together, creating the best possible outcome for our patients!



Program of Events

Advanced Track

Step Up to Introductory & Advanced Sleep Continuum

April 7 & 8, 2017; Columbus, Ohio at the Embassy Suites - Airport

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Advanced Track - Friday, April 7

Location: New Albany 1

- 7:30 - 8:00 Breakfast & Registration
- 8:45 - 9:00 Welcome: *Dr. James Metz* (Introductory & Advanced Tracks; Location: New Albany 1)
- 9:00 - 10:00 Key Points Everyone Needs to Know: *Dr. James Metz*
- 10:00 - 10:30 High Resolution Pulse Oximetry: *Dr. James Metz*
- 10:30 - 10:45 Break
- 10:45 - 12:30 Understanding the Breathing Patterns of OSA: *Featured Speaker, Dr. David White*
- 12:30 - 1:00 What the Physician Expects: *Margaret Lind, CNP, OSU*
- 1:00 - 1:45* Generous Lunch Buffet, Dessert & Beverages Location: New Albany 2
* Round Table Discussions during lunch with Metz Center Team & Speakers
- 1:45 - 3:30 Normalizing Breathing Volume and Speed in Sleep Disordered Breathing:
Featured Speaker, Patrick McKeown, MB, MA(TCD), Dip BM (Prof KP Bueyko), FBPI
- 3:30 - 3:45 Break
- 3:45 - 4:45 Mouth Breathing and OSA: *Dr. Frank Seaman*
- 4:45 - 5:15 My Personal Traveled Road: *Kris Davies, Patient, OSU Communications Student*
- 5:15 - 6:30 Reception Meet & Greet: *Beverages & Heavy Appetizers*

Advanced Track - Saturday, April 8

Location: New Albany 1

- 8:00 - 8:15 Welcome Back: *Dr. James Metz*
- 8:15 - 10:15 The Stanford Surgery Protocol & The Most Up-to-Date Research Findings:
Featured Speaker, Dr. Stanley Yung-Chuan Liu
- 10:15 - 10:30 Break
- 10:30 - 12:00 Standard of Care in a Dental Sleep Medicine Practice and Informed Consent: *Dr. Ken Berley*
- 12:00 - 1:00* Generous Lunch Buffet, Dessert & Beverages Location: New Albany 2
* Round Table Discussions during lunch with Metz Center Team & Speakers.
- 1:00 - 2:00 Airway Changes in Young Patients with & without Treatment: *Dr. Gene Williamson*
- 2:00 - 3:00 Orthodontics & Oral Cavity Volume in the Young & Adolescent: *Dr. Nelson Diers*
- 3:00 - 3:15 Break
- 3:15 - 5:15 Sophisticated Orthodontics With Complete Restoration: *Dr. Brian Vence and Thomas Wilcko*
(Introductory & Advanced Tracks;
Location: New Albany 1)

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