

The Metz Center for Sleep Dentistry *presents*

# A Ten Year Anniversary Consensus

Shaping the future of sleep medicine - **together!**

**Friday, October 20, 2017** from 8:30 am to 5:00 pm and

**Saturday, October 21, 2017** from 8:00 am to 5:00 pm

Location: Embassy Suites, Columbus, Ohio Airport - 614-536-0500

Earn up to **15 hours** of continuing education credit.

**Register online!** at [www.themetzcenter.com](http://www.themetzcenter.com) or return the registration form printed on the back of this flyer. Contact Angie at [metzdds@yahoo.com](mailto:metzdds@yahoo.com) or 614-252-4444 for more information.

For 10 years, James E. Metz, DDS, has been the driving force behind a continuum of dynamic sleep dentistry educational opportunities with the goal to bring Dentistry and Medicine together to treat the overwhelming number of individuals that suffer from sleep disorders.

Dr. Metz' efforts have culminated in the coordination of this **rare opportunity** to learn from world renown doctors whose depth of knowledge and experience is beyond exceptional. It has taken a decade to cultivate the resources to bring together these four **professionals from every discipline of sleep medicine** – and **YOU** are invited to participate and contribute in shaping the future of sleep medicine - *side by side with them!*

**Where was sleep medicine a decade ago? Where are we now in 2017?**

**And most importantly, Where shall the future of effective sleep medicine go?**

**Now** is the time to come together, dentists and physicians, to build the road on which our professions shall travel to bring the best possible treatment to our patients! Join us for this amazing and powerful event and become part of the solution!

## Featured Guest Speakers:

**David Gozal, MD, MBA** is a pediatric pulmonologist in Chicago, Illinois; affiliated with University of Chicago Medical Center. He is a leading expert in the treatment of pediatric sleep disorders, the developmental neurobiology of respiratory control, and sleep-disordered breathing. He is known as a pioneer in the study of childhood sleep problems, and the relationships between sleep disorders and neurobehavioral, cardiovascular, and metabolic disease. Dr. Gozal studies mechanisms that mediate defense responses; mechanisms that lead to complications from low oxygen levels and disrupted sleep; and long-term health and developmental consequences of chronic sleep and breathing problems during childhood. He is currently associate editor of the American Journal of Respiratory and Critical Care Medicine and deputy editor of the journals Sleep and Frontiers in Neurology. An American Thoracic Society member since 1991, Dr. Gozal is the current president of the ATS.



**Gilles Lavigne, DMD, PhD, FRCD(c)** of the Center for Advanced Research in Sleep Medicine in Montreal, Québec, Canada. Dr. Lavigne combines the worlds of academia and sleep research, clinical practice and treatment of patients, and education of predoctoral students. Dr. Lavigne is internationally recognized for his experimental and clinical research projects on sleep bruxism and the interactions between sleep, pain, and breathing disorders. He currently conducts studies on 1) the influence of opioids on sleep airway function, and 2) sleep and pain interactions in brain injury patients. Research interests include neurophysiology of sleep and pain, as well as specific disorders like sleep apnea, and periodic leg movements during sleep.



**Dr. Francisco Muñoz, Oral Surgeon, Implantology & Dr. Silvana Palacios, Orthodontist** lead the American Dental Innovación practice in Santiago, Chile. They embrace the most advanced and innovative treatments available in dentistry to care for their patients. Their areas of interest include: Accelerated Osteogenic Orthodontics (AOO), surgically assisted bone remodeling, sleep apnea patients of high complexity in orthodontics, patients with malformations and fissures.



## Our Goal: Helping Dentistry and Medicine grow together, creating the best possible outcome for our patients!

### Your Host:



**James E. Metz, DDS** is a 1973 graduate of The Ohio State University College of Dentistry. He maintains a restorative dental practice with an emphasis on dental sleep medicine & reconstructive dentistry, along with surgical orthodontics (Wilckodontics - Periodontically Accelerated Osteogenic Orthodontics [procedure]): The goal of which is to address the major health issues of today, Hypertension & Type II Diabetes, to help restore & maintain the health of the individual.

Dr. Metz is the affiliate director of The Ohio State University Medical Center Sleep Medicine Fellowship Program. He is a member of the ADA's Scientific Investigation Committee Workgroup, defining the role of the Oral Appliance for the control of OSA & the Scientific Investigation Committee of the AARD for Sleep Dentistry. He has served on the AADSM board of directors, course development committee, public relations committee, chair for the Introductory & Advanced Course of Dental Sleep Medicine, and vice-chair of the 2014 AADSM Annual Meeting. He is the founder & current chair for the Dental Interest Group of the American Thoracic Society. Learn more about Dr. James E. Metz at <http://themetzcenter.com>.

### Faculty Staff:



Dr. James Blank has been a dentist in private practice since 2005, focusing on comprehensive dentistry. He is a graduate of The Ohio State University College of Dentistry & completed his hospital residency at Medical University of Ohio. He has completed advanced training in sleep medicine and TMJ therapy, dental implant surgery and restoration, prosthodontics, occlusion, cosmetic dentistry, dental materials, and dental technology. A faculty dentist & lecturer for The Metz Center for Sleep Apnea, Dr. Blank shares his experience and insights on topics such as sleep medicine, TMD, & practice management.



Dr. Thomas Wilcko has been in the private practice of periodontics for the past 25 years. He received a BS in chemistry from Allegheny College, a DMD from the University of Pittsburgh School of Dental Medicine, and a certificate in periodontics from the Harvard University School of Dental Medicine. He has been involved in research in the field of chemistry and has contributed in the research for different dental products brought to the market. His research has culminated in the development of a new procedure by which teeth can be moved approximately 4 times faster than ever before possible with conventional orthodontics. This new patented method is a combination of proven techniques from the fields of orthodontics and periodontics, called the Accelerated Osteogenic Orthodontics™ (AOO™) procedure.



Dr. Nelson Diers received his MSD and certification in Orthodontics from the Indiana University graduate school of Orthodontics. He is an associate clinical professor at Indiana University, in the graduate Orthodontics department. Dr. Diers participates in numerous study clubs, and the American Association of Dental Sleep Medicine.



Dr. Brian Vence maintains a private practice in West Dundee, Illinois with a special interest in comprehensive esthetic and restorative dentistry. He received his dental degree in 1985 from the University of Illinois School of Dentistry at the Medical Center in Chicago. Dr. Vence founded the Chicago Academy of Interdisciplinary Dentofacial Therapy in 1992, a study club designed to define and promote excellence in dentistry.



Pat McBride, BA, RDA, CCSH is a Sleep Clinician/Education Specialist for Physicians & Dentists in the Field of Dental Sleep Medicine. She is dedicated to developing opportunities within the dental sleep medicine field globally by developing multi-disciplinary protocols for clinicians to seamlessly interface with the medical/dental community, educational institutions, & research facilities. Her Dental Sleep Medicine Consulting & Practice Management model designs clinical programs of multi-dimensional HIPAA compliant care.

Dr. Mickey Harrison  
Dr. Gene Williamson

Dr. Ken Berley  
Dr. Frank Seaman

### Application for Enrollment

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ ZIP \_\_\_\_\_

Phone \_\_\_\_\_

Fax \_\_\_\_\_

E-Mail \_\_\_\_\_

I will attend:

**Sleep Course** (15 CE hours)

Number of Attendees\*: \_\_\_\_\_ (\$1650)

Questions: contact Angie at 614-252-4444 or via email at [metzdts@yahoo.com](mailto:metzdts@yahoo.com).

\* If multiple persons are attending, please provide their names & contact information on a supplemental page or via a supplemental email sent to [metzdts@yahoo.com](mailto:metzdts@yahoo.com)

*Payment by check, credit card or Paypal accepted.  
Make all checks payable to Dr. James E. Metz*

Name on card \_\_\_\_\_

Credit Card # \_\_\_\_\_

Exp. Date \_\_\_\_\_ / \_\_\_\_\_ CSV Code \_\_\_\_\_

Signature \_\_\_\_\_

Cancellation Policy: Written notification of withdrawal from any course must be received at least 14 days prior to the scheduled course. Cancellations will be accommodated with a one-time-only transfer of tuition and deposit to a future course. Notification less than 14 days will result in forfeit of deposit.

Return the completed form and payment to:

The Metz Center for Sleep Dentistry  
1271 East Broad Street, Columbus, OH 43205

Or visit our website [www.themetzcenter.com](http://www.themetzcenter.com) to register online.



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7/1/15 to 6/30/19  
Provider ID# 348168