

Step Up to Introductory & Advanced Sleep Dentistry Continuum

Friday, April 7, 2017
Saturday, April 8, 2017
Embassy Suites, Columbus, Ohio

Earn up to 15 hours of
continuing education credit.

The Metz Center invites you and your staff to attend this unique learning opportunity featuring the **Most Elite speakers for 2017!**

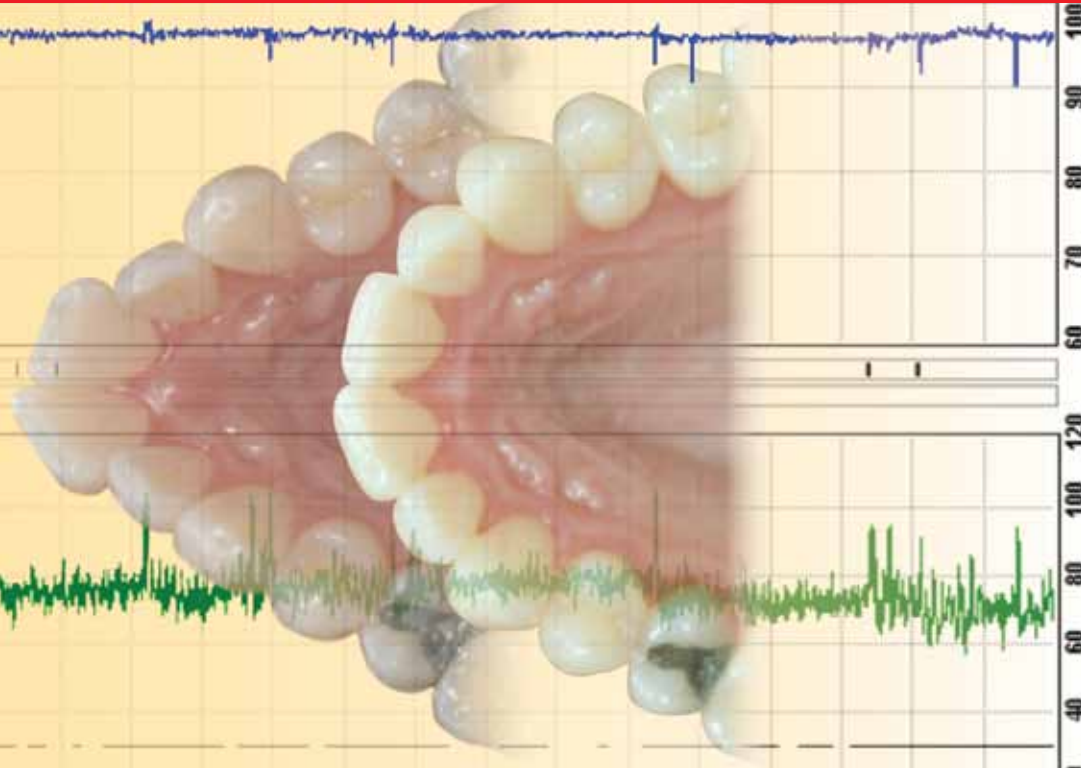
James Metz, DDS

**Stanley Yung-Chuan Liu,
MD, DDS**

**Patrick McKeown, MB, MA,
Dip BM, FBPI**

David White, MD

Register online at
www.themetzcenter.com





Dr. James Metz is a 1973 graduate of The Ohio State University College of Dentistry. He maintains a restorative dental practice with an emphasis on dental sleep medicine & reconstructive dentistry, along with surgical orthodontics (Wilckodontics - Periodontically Accelerated Osteogenic Orthodontics [procedure]): The goal of which is to address the major health issues of today, Hypertension & Type II Diabetes, to help restore & maintain the health of the individual.

Dr. Metz is the affiliate director of The Ohio State University Medical Center Sleep Medicine Fellowship Program. He is a member of the ADA's Scientific Investigation Committee Workgroup, defining the role of the Oral Appliance for the control of OSA & the Scientific Investigation Committee of the AARD for Sleep Dentistry. He has served on the AADSM board of directors, course development committee, public relations committee, chair for the Introductory & Advanced Course of Dental Sleep Medicine, and vice-chair of the 2014 AADSM Annual Meeting. He is the founder & current chair for the Dental Interest Group of the American Thoracic Society.

Introductory & Advanced Sleep Dentistry Continuum

Friday, April 7, 2017 8:30 am - 5:00 pm

Saturday, April 8, 2017 8:00 am - 5:00 pm

Dentists and their staff play a vital role in the team approach to the screening and treatment of Obstructive Sleep Apnea - a condition that affects as many as 100 million Americans and their families. The implications of untreated sleep apnea and even very mild inspiratory airflow limitation during sleep are of public health concern.

But fewer than 10 percent of the nation's dentists incorporate advanced sleep dentistry into their general practices. Thousands of dentists are missing an ideal opportunity to help their patients sleep better and live fuller, healthier lives, while adding an ideal revenue stream to their practices.

If you have been thinking about getting into dental sleep medicine, this two-day course for dentists and staff is the right choice. No hype. Nothing to sell you. Just an incredible learning experience presented by one of the nation's leading sleep dentistry practitioners, Dr. James E. Metz, of The Metz Center for Advanced Sleep Dentistry.

Continuum Objectives:

- What is sleep and Why we sleep
- Sleep breathing disorders and critical issues in dental sleep medicine
- Oral appliance comparisons
- Establish a sleep dentistry practice within your practice: Focused programs for **General, Orthodontic, or Prosthodontic** topics.
- Introductory (*includes staff*) & Advanced topics at **EACH course**
- Medical Predeterminations, insurance billing & coding
- Medical correspondence letters
- Effective marketing and patient screening
- Staff roles & training
- Create successful relationships with medical doctors
- Friday evening reception and two meals per day included in your tuition



Stanley Yung-Chuan Liu, MD, DDS is the Assistant Professor of Otolaryngology/Head & Neck Surgery at the Stanford University Medical Center. He has expertise in orthognathic surgery, facial bone contouring, and repair of complex primary and secondary facial trauma. Dr. Lui lectures extensively on sleep apnea surgery. His research includes dynamic airway examination in sleep apnea, virtual surgical planning in facial skeletal surgery, and neuro-modulation of the head & neck.

Focus: The Stanford Surgery Protocol and the Most Up to Date Research Findings



Patrick McKeown, MB, MA (TCD), Dip BM (Prof KP Buteyko), FBPI is the Clinical Director of the Buteyko Clinic International and Chairman of its Advisory Board. Having suffered from asthma, rhinitis and sleep-disordered breathing for over 20 years, Mr. McKeown is able to offer both theoretical knowledge and his own experiences to help clients overcome similar challenges.

Focus: Normalizing Breathing Volume and Speed in Sleep Disordered Breathing



David White, MD is a Clinical Professor of Medicine at Harvard and Chief Scientific Officer for ApniCure™. Dr. White has firm roots in the academic world. He brings clinical expertise and business acumen to any discussion about the past, present, and future of sleep medicine. His primary research has been the pathophysiology of obstructive sleep apnea. He has studied upper airway motor control, the control of breathing during wakefulness & sleep and pharyngeal anatomy.

Focus: Understanding the Breathing Patterns of OSA



EndoPAT™ testing

Free product demo in as little as 15 minutes!
with Robin Koster from Itamar Medical.

EndoPAT™ measures **Endothelial Function** and is an innovative, safe and non-invasive diagnostic device for Functional Vascular Health Assessment for both large and small arteries.

The Metz Center purchased this device and our staff has been trained to use the EndoPAT™. Dr. Metz and Dr. Tucker are the only two dentists in the United States to offer the EndoScore™ test. Check it out!



Introductory Track, Friday, April 7

Breakfast & Registration

Welcome; Key Points Everyone Needs to Know: *Dr. James Metz*

High Resolution Pulse Oximetry: *Dr. James Metz*

Successful Sleep Dentistry: *Dr. James Blank*

The Psychology Of the OSA Patient: *Pat McBride, BA, RDA, CESH*

What the Physician Expects: *Margaret Lind, CNP, OSU*

Generous **Lunch** Buffet, Dessert & Beverages; * *Round Table Discussions*

Normalizing Breathing Volume & Speed in Sleep Disordered Breathing:

Patrick McKeown, MB, MA(TCD), Dip BM (Prof KP Bueyko), FBPI

Mouth Breathing and OSA: *Dr. Frank Seaman*

My Personal Traveled Road: *Kris Davies, Patient, OSU Communications Student*

Reception Meet & Greet: Beverages & Heavy Appetizers

Introductory Track, Saturday, April 8

Breakfast

Successful Sleep Dentistry, Part 2: *Dr. James Blank*

Roles: The Sleep Treatment Coordinator: *Chris Takacs, Sleep & TMDTx. Coordinator*

Standard of Care in a Dental Sleep Medicine Practice and Informed Consent:

Dr. Ken Berley

Generous **Lunch** Buffet, Dessert & Beverages; * *Round Table Discussions*

Roles: Hygienist & Predeterminations for Oral Appliances: *Megan Bacome, RDH*

Pulse Oximetry: *Chris Takacs, Sleep & TMDTx. Coordinator*

Roles: Laboratory; Avoiding Problems with the Oral Appliance: *Todd Bacome, Laboratory Manager & Technician*

Sophisticated Orthodontics With Complete Restoration: *Dr. Brian Vence and Dr. Thomas Wilcko*



Extend Your Learning Experience Daily!

Each day at the lunch hour participate in Round Table Discussions with members of The Metz Center Staff and our Speakers.

Simply look for the name and topic signage on the lunch tables and sit down to learn more about what interests or concerns you most!

Please note:

All course materials will be provided in an electronic format only. Upon arrival, attendees will be provided with a thumb drive that will include the continuum materials. Please bring your computers or tablets to view the materials. Be sure to have your devices fully powered prior to your arrival at the course each day.

Register online at www.themetzcenter.com

Questions? Contact Angie at 614.252.4444 or via email at metzdds@yahoo.com



The Metz Center Laboratory

Todd Bacome, Laboratory Manager & Technician, will be present to answer all your questions about the FDA approved, adjustable Metz Appliance used to successfully treat OSA. He has personally fabricated over 6,000 Herbst appliances during his ten year tenure. He is responsible for training doctors and their staff on how to take a proper "bite", why & how the patented Metz appliance works and teaches homecare and adjustments. Mr. Bacome also builds the support team for your practice to create treatment success with your first appliance and beyond.

First Look!

Patient Safety Software is critical to proper titration. Learn about the new software that Dr. Metz helped design which NOW tracks the heart rate much more accurately. Dr. Metz will discuss the new program .

Advanced Track, Friday, April 7

Breakfast & Registration

Welcome; Key Points Everyone Needs to Know: *Dr. James Metz*

High Resolution Pulse Oximetry: *Dr. James Metz*

Understanding the Breathing Patterns of OSA: *Dr. David White*

What the Physician Expects: *Margaret Lind, CNP, OSU*

Generous **Lunch** Buffet, Dessert & Beverages; * *Round Table Discussions*

Normalizing Breathing Volume & Speed in Sleep Disordered Breathing:

Patrick McKeown, MB, MA(TCD), Dip BM (Prof KP Bueyko), FBPI

Mouth Breathing and OSA: *Dr. Frank Seaman*

My Personal Traveled Road: *Kris Davies, Patient, OSU Communications Student*

Reception Meet & Greet: *Beverages & Heavy Appetizers*

Advanced Track, Saturday, April 8

Breakfast

The Stanford Surgery Protocol & The Most Up to Date Research Findings:

Dr. Stanley Yung-Chuan Liu

Standard of Care in a Dental Sleep Medicine Practice and Informed Consent:

Dr. Ken Berley

Generous **Lunch** Buffet, Dessert & Beverages; * *Round Table Discussions*

Airway Changes in Young Patients with & without Treatment: *Dr. Gene Williamson*

Orthodontics & Oral Cavity Volume in the Young & Adolescent: *Dr. Nelson Diers*

Sophisticated Orthodontics With Complete Restoration: *Dr. Brian Vence and*

Dr. Thomas Wilcko



Faculty Speakers:

Dr. James Blank has been a dentist in private practice since 2005, focusing on comprehensive dentistry. His formal education includes Ohio State University College of Dentistry and a hospital residency at Medical University of Ohio. He has completed advanced training in sleep medicine and TMJ therapy, dental implant surgery and restoration, prosthodontics, occlusion, cosmetic dentistry, dental materials, and dental technology. As a faculty dentist and lecturer for The Metz Center for Sleep Apnea, Dr. Blank shares his experience and insights on topics such as sleep medicine, TMD, and practice management. He has also lectured to the prestigious American Academy of Restorative Dentistry, whose members are the world's leading dental practitioners and researchers.

Dr. Thomas Wilcko has been in the private practice of periodontics for the past 25 years. He received a BS in chemistry from Allegheny College, a DMD from the University of Pittsburgh School of Dental Medicine, and a certificate in periodontics from the Harvard University School of Dental Medicine. Dr. Wilcko has been involved in research in the field of chemistry and has contributed in the research for different dental products brought to the market. His research has culminated in the development of a new procedure by which teeth can be moved approximately 4 times faster than ever before possible with conventional orthodontics. This new patented method is a combination of proven techniques from the fields of orthodontics and periodontics, called the Accelerated Osteogenic Orthodontics™ (AOO™) procedure.

Pat McBride, BA, RDA, CCSH is a Sleep Clinician/Education Specialist for Physicians and Dentists in the Field of Dental Sleep Medicine in the San Francisco Bay Area. Ms. McBride works as both a full time sleep clinician and an educator. She is dedicated to developing opportunities within the dental sleep medicine field globally by developing multi-disciplinary protocols for clinicians to seamlessly interface with the medical/dental community, educational institutions, and research facilities. Her Dental Sleep Medicine Consulting and Practice Management model designs clinical programs of multi-dimensional HIPAA compliant care.

Dr. Brian Vence maintains a private practice in West Dundee, Illinois with a special interest in comprehensive esthetic and restorative dentistry. He received his dental degree in 1985 from the University of Illinois School of Dentistry at the Medical Center in Chicago. Dr. Vence founded the Chicago Academy of Interdisciplinary Dentofacial Therapy in 1992, a study club designed to define and promote excellence in dentistry.

Dr. Nelson Diers

Dr. Mickey Harrison

Dr. Gene Williamson

Dr. Frank Seaman

Dr. Ken Berley

Application for Enrollment

Name _____

Address _____

City _____ State ____ ZIP _____

Phone _____

Fax _____

E-Mail _____

I will attend:

Sleep Course (up to 15 CE hours) Number of Attendees*: _____

Doctors _____ (\$1650) Staff* _____ (\$1100)

** Introductory training program to include staff*

Call 614-252-4444 for details.

** If multiple doctors or staff members are attending, please provide their names and contact information on a supplemental page or via a supplemental email sent to metzdts@yahoo.com*

Payment by check, credit card or Paypal accepted.

Make all checks payable to Dr. James E. Metz

Name on card _____

Credit Card # _____

Exp. Date _____ / _____ CSV Code _____

Signature _____

Return the completed form and payment to:

The Metz Center for Sleep Dentistry
1271 East Broad Street
Columbus, OH 43205

Or register online at
www.themetzcenter.com

Cancellation Policy:

Written notification of withdrawal from any course must be received at least 14 days prior to the scheduled course. Cancellations will be accommodated with a one-time-only transfer of tuition and deposit to a future course. Notification less than 14 days will result in forfeit of deposit.

Approved PACE
program Provider
FAGD/MAGD Credit.
Approval does not
imply acceptance by
a state or provincial
board of dentistry or
AGD endorsement.
7/1/15 to 6/30/19
Provider ID# 348168



Accommodations

Stay at the Embassy Suites by Hilton Columbus Airport hotel, a highly rated all-suite hotel located one mile from Port Columbus International Airport. Relax in your spacious two-room suite with a separate living area.

Reserve your room now!

Just visit our customized reservation site: Group Code HEN; <http://embassysuites.hilton.com/en/es/groups/personalized/C/CMHATES-HEN-20170406/index.jhtml>

A delicious Continental Breakfast & a generous Lunch Buffet will be provided for attendees each day. Friday evening enjoy a Meet & Greet Reception that includes beverages & heavy appetizers!

Transportation

Embassy Suites offers courtesy shuttles to and from the airport, as well as transportation to local Columbus attractions, shopping and restaurants within 15 miles from the hotel's location.



The Metz Center for Sleep Dentistry presents

**Step Up to Introductory & Advanced
Sleep Dentistry Continuum**

Friday, April 7, & Saturday, April 8, 2017

Embassy Suites, Columbus, Ohio

The Metz Center
1271 East Broad Street
Columbus, OH 43205

Join Dentists and Staff from across the nation for this weekend continuum designed to help create the perfect Sleep Dentistry Practice.

*Always New, Always Fresh,
and Always Cutting Edge!*

No other course out there like this one!

Our Goal:

Helping **Dentistry** and **Medicine** grow *together*,
creating the best possible outcome for our patients!

If you are considering dental sleep medicine, this two-day course for dentists and staff is the right choice for your practice.

Register online at www.themetzcenter.com

